

# CPR Standards

# Oshkosh Fire Dept

CPR	Adult & Older Child (8 years and older)	Child (1 year old to 8 year old)	Infant (less than 1 year old)
<b>Establish that the victim does not respond</b>  Activate your emergency response system.	Activate your emergency response system as soon as the victim is found.	Activate your emergency response system after giving 5 cycles of CPR.	
<b>Check pulse</b>  At least 5 seconds and not more than 10 seconds	Carotid pulse  (if no pulse, start CPR)	Carotid pulse (if no pulse or pulse is <60 BPM w/signs of poor perfusion, start CPR)	Brachial pulse (if no pulse or pulse is <60 BPM w/signs of poor perfusion start CPR)
<b>Start CPR</b>			
Compression location	Lower half of breastbone between nipples		Just below nipple line on breastbone
Compression method	Heel of 1 hand, other hand on top (or 1 hand for small victims)		2 fingers (2 thumb-encircling hands for 2-rescuer CPR)
Compression depth	At Least 2 inches	2 inches	1.5 inches
Compression rate	100 per minute		
Compression ventilation ratio	30:2 (1- or 2-rescuer CPR)	30:2 for 1-rescuer CPR (15:2 for 2-rescuer CPR)	
<b>Open the airway</b>  Use head tilt-chin lift	Head tilt-chin lift (suspected trauma; jaw thrust)		
<b>Breaths</b>	Give 2 breaths (1 second each)		

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