

Comfort Management Oshkosh Fire Dept

1) Routine Assessment Reveals Pain and/or Nausea

2) Ice, Elevate, Immobilize for injury

- It may be necessary to administer pain management prior to immobilization

3) Pulse oximetry

- a) Administer oxygen to maintain pulse oximetry above 94%

4) Pain management For: Patients >8 years old and weighing >55 lbs., Isolated Hip or extremity fractures, Low impact injury mechanism (crush injuries or fall from standing height), Flank Pain suspected of kidney stone origin, and Musculoskeletal Back Pain.

- Fentanyl 50 mcg IV/IN over a few minutes
- Repeat in 10 minutes not to exceed 100 mcg

5) Patients 5-8 years old or less than 55 lbs.: 25 mcg IV/IN over a few minutes

- Repeat in 10 minutes not to exceed 50 mcg

Exclusion Criteria: *Age <5, Decreased LOC, Multiple Systems Trauma, Abdominal Pain, Hypotension, Respiratory Depression, and Headache.*

7) Antiemetic

- Zofran (Ondansetron Hydrochloride) Adult 4 mg IV
- Monitor for dystonia and restlessness
- Administer 25mg Benadryl IV for dystonic reactions

Exclusion Criteria: *Decreased LOC, Hypotension, and Respiratory Depression.*

8) Anxiolytics/Muscle Relaxant

- Versed 1mg IV/IN repeat in 10 minutes not exceed 2mg.

Exclusion Criteria: *Age <5, Decreased LOC, Hypotension, and Respiratory Depression.*

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